

Wythnos 4 – Amser penderfynu

Ar y pwynt hwn yn ein taith gyda Iesu, datguddir ei diwedd. Gŵyr y deuddeg disgybl fod Jerwsalem yn lle peryglus i Iesu. Gwyddant ei fod wedi gwneud gelynyion a bod rhai pobl yn cynllwynio i'w ladd. Mae arnynt ofn, ond mae Iesu'n benderfynol. Mae'n gwybod beth i'w ddisgwyl. Gan gyfeirio ato'i hun fel 'Mab y Dyn', mae'n dweud:

'Dyma ni'n mynd i fyny i Jerwsalem; fe gaiff Mab y Dyn ei draddodi i'r prif offeiriaid a'r ysgrifenyddion; condemniant ef i farwolaeth, a'i drosglwyddo i'r Cenhedloedd; a gwatwarant ef, a phoeri arno a'i fflangellu a'i ladd, ac wedi tridiau fe atgyfoda.' (Marc 10:33-35)

Roedd gan ddilynwyr Iesu lawer i'w ddysgu. Roeddent yn ei chael yn anodd credu'r geiriau hyn nes iddynt ddod wyneb yn wyneb â'r Iesu atgyfodedig, gyda'r clwyfau yn ei ddwylo a'i draed yn parhau yno ar ôl ei groeshoelio.

Roeddent yn parhau i ddisgwyl brenin a fyddai'n goresgyn y fyddin Rufeinig a oedd wedi meddiannu eu gwlad. Roeddent am weld enillion tymor byr. Ni fedrent ddeall bod Iesu'n sylfaenu teyrnas newydd a fyddai'n parhau am byth. Nid oeddent yn deall bod blaenoriaethau gwahanol iawn ar waith yn nheyrnas Iesu. Y bobl sy'n disgwyl bod yn olaf, megis plant a'r tlodion, sy'n dod gyntaf yn nheyrnas Dduw (Marc 10:44). Nid oes syndod i Iesu wneud gelynyion o bobl gyfoethog a grymus!

Week 4 – Decision time

At this point in our journey with Jesus, the ending is revealed. The 12 disciples know that Jerusalem is a dangerous place for Jesus. They know that he has made enemies, and there are plots to kill him. They are afraid, but Jesus is determined. He knows what to expect. Talking about himself as the ‘Son of Man’, he says:

‘The Son of Man will be handed over to the chief priests and the teachers of the law. They will sentence him to death. Then they will hand him over to the Gentiles. They will make fun of him and spit on him. They will whip him and kill him. Three days later he will rise from the dead!’ (Mark 10:33-35)

Jesus’ followers had a lot to learn. They found these words difficult to believe until they found themselves face to face with the risen Jesus, with the wounds in his hands and feet still visible from the crucifixion.

They still expected a king to overthrow the occupying Roman army. They wanted short term benefits. They couldn’t grasp that Jesus was starting a new kingdom that would go on forever. They didn’t understand that in Jesus’ kingdom there are very different priorities. People who expect to be last, like children and poor people, are those who are first in God’s kingdom (Mark 10:44). No wonder Jesus made enemies of the rich and powerful people!

DARLLENWCH: MARC PENODAU 10-12:40

Adnodau allweddol

‘Galwodd Iesu hwy ato ac meddai wrthynt, “Gwyddoch fod y rhai a ystyrir yn llywodraethwyr ar y Cenhedloedd yn arglwyddiaethu arnynt, a’u gwŷr mawr hwy yn dangos eu hawdurdod drostynt. Ond nid felly y mae yn eich plith chwi; yn hytrach, pwy bynnag sydd am fod yn fawr yn eich plith, rhaid iddo fod yn was i chwi, a phwy bynnag sydd am fod yn flaenaf yn eich plith, rhaid iddo fod yn gaethwas i bawb. Oherwydd Mab y Dyn, yntau, ni ddaeth i gael ei wasanaethu ond i wasanaethu, ac i roi ei einioes yn bridwerth dros lawer.”’

Marc 10:42-45

MEDDYLIWCH

1. Wrth i chi edrych ar y darlleniadau o’r Beibl yn Efengyl Marc, beth sy’n eich synnu am y drefn statws yn nheyrnas Iesu? Pwy sydd gyntaf a phwy sydd olaf?

2. Gwelodd Iesu fod y dyn ifanc cyfoethog yn caru arian yn fwy nag yr oedd yn caru Duw. Beth mae pobl yn ei osod gyntaf yn eu bywydau? Beth amdanoch chi? Beth yw’r peth pwysicaf yn eich bywyd chi?

3. Wrth i Iesu fynd i mewn i Jerwsalem, roedd y tyrfaoedd yn ei groesawu fel arwr. Ddyddiau’n ddiweddarach, roedd torf arall yn galw am ei groeshoelio. Sut mae’r bobl rydych chi’n eu hadnabod yn ymateb i Iesu?

READ: MARK CHAPTERS 10-12:40

Key verses

'Jesus called them together. He said, "You know about those who are rulers of the Gentiles. They hold power over their people. Their high officials order them around. Don't be like that. Instead, anyone who wants to be important among you must be your servant. And anyone who wants to be first must be the slave of everyone. Even the Son of Man did not come to be served. Instead, he came to serve others. He came to give his life as the price for setting many people free."

Mark 10:42-45

THINK

1. Looking at the Bible readings in Mark's Gospel, what surprises you about the pecking order in Jesus' kingdom? Who is first and who is last?

2. Jesus saw that the rich young man loved money more than he loved God. What do people put first in their lives? What about you? What's the most important thing in your life?

3. As Jesus entered Jerusalem, the crowds welcomed him as a hero. Days later, another crowd was calling for him to be crucified. How do the people you know respond to Jesus?

4. Roedd un o'r dynion a ddaeth at Iesu gyda chwestiwn yn sylweddoli bod 'caru Duw â'th holl galon, â'th holl enaid, â'th holl ddeall ac â'th holl nerth' a 'charu dy gymydog fel ti dy hun' yn hollbwysig (Marc 12:33). Pa enghreifftiau allwch chi eu rhoi o bobl yn byw yn y ffordd honno?

5. A ydych yn synnu bod Iesu wedi bwrw'r masnachwyr o gyntedd y deml? Pryd mae hi'n iawn i fod yn ddig? Sut ddylem ninnau weithredu pan ydym yn ddig?

GWERSI BYWYD

1. Mae straeon rhai o'r carcharorion yn dangos pa mor bwysig y gall hi fod i faddau ac i dderbyn maddeuant. A oes yna bobl y mae angen i chi faddau iddynt neu geisio eu maddeuant?

2. Mae Iesu'n rhoi ei olwg yn ôl i Bartimeus ddall (Marc 10:46-52). Dechreuodd un o'r carcharorion yn y llyfr 40 Days of Hope, Stephen, feddwl pwy oedd Iesu drwy ddarllen y Beibl. Newidiodd o fod yn ddyn a oedd yn ddall yn ysbrydol i fod yn ddyn a allai weld pwy yw Iesu. Ble ydych chi ar y daith o fod yn ysbrydol ddall i fod yn gweld?

4. One of the men who came to Jesus with a question realised that to 'love God with all your heart and soul and mind and strength' is very important. So is loving your neighbour as you love yourself' (Mark 12:33). What examples can you give of people living this way?

5. Does it surprise you that Jesus drove the traders out of the temple courtyard? When is it right to be angry? How should we act when we are angry?

LIFE LESSONS

1. Some prisoners' stories show how significant it can be to forgive and to be forgiven. Are there people you need to forgive or be forgiven by?

2. Jesus gives blind Bartimaeus his sight (Mark 10:46-52). One of the prisoners in the *40 Days of Hope* book, Stephen, began to explore who Jesus is by reading the Bible. He changed from being someone who was spiritually blind to a man who could see who Jesus is. Where are you on the journey from being spiritually blind to seeing?

3. Pan anfonwyd Daz, o'r stori carcharor ar gyfer yr wythnos hon, i'r carchar defnyddiodd ei amser i astudio'r Beibl. Cafodd gymorth gan y bobl yn eglwys ei ddyweddi. Sut mae eich cymuned chi'n cynorthwyo pobl sydd mewn angen, boed y rheini'n garcharorion neu'n bobl sydd mewn angen yn emosiynol neu'n gorfforol?

4. Mae carcharor arall, Jim, wedi canfod ei bod yn bosibl bod yn y carchar a theimlo'n rhydd ar y tu mewn. A ydych chithau wedi canfod y rhyddid mae Iesu'n ei roi? Pa wahaniaeth mae'n ei wneud i'ch bywyd chi?

EDRYCHWCH TUA'R DYFODOL

Yn ystod yr wythnos nesaf byddwn yn darganfod bod gweithredu'n gryfach na geiriau. Mae'r hyn a wnawn yn dangos yr hyn a gredwn. Gofynnwch i Dduw eich cynorthwyo i ddeall eich hun yn well wrth i chi dalu sylw arbennig i'r ffordd rydych yn ymddwyn tuag at Dduw a thuag at y bobl o'ch cwmpas.

3. When Daz, from this week's prisoner's story, was sent to prison he used his time to study the Bible. He found support from the people in his fiancée's church. How does your community support people in need, be they prisoners, or people in emotional or physical need?

4. Another prisoner, Jim, has found that it is possible to be in prison and to feel free inside. Have you found the freedom Jesus gives? What difference does it make to your life?

LOOK AHEAD

In the next week we will discover that actions speak louder than words. What we do shows what we believe. Ask God to help you understand yourself better as you take special notice of the way you act towards God and towards the people around you.

4

Anhygoel

Dechreuodd Daz gael ei hudo gan drais yn ifanc iawn. Pan aeth ei ewythr ag ef i weld gêm bêl-droed rhwng Millwall a Manchester City, cofia Daz weld cefnogwyr yn rhwygo seddau o'u lle ac yn eu taflu at gefnogwyr y tîm arall. Er mai ond plentyn oedd Daz, effeithiodd y delweddau hyn yn drwm arno a blynyddoedd yn ddiweddarach daeth yn llabwst pêl-droed treisgar ei hun. Credai pe byddai ar bobl ei ofn y byddai'n cael ei barchu - rhywbeth yr oedd yn crefu amdano.

Pan benderfynodd bod arno angen cario cyllell, prynodd bum cyllell Stanley iddo yntau a'i ffrindiau i fynd gyda hwy i gêm Millwall. Yn ystod sgarmes rhwng cefnogwyr timau gwahanol, defnyddiodd ei gyllell i rwygo wyneb rhywun. Ar yr trêrn yn ôl i Lundain, roedd Daz a'i ffrindiau'n llawn cyffro wrth siarad am y trais roeddent wedi'i gyflawni. Ond ar ôl ychydig, newidiodd yr awyrgylch ac aeth popeth yn dawel. Yn sydyn, teimlodd Daz rhyw wacter o'i fewn.

Cadw oed â Duw

Pan ddechreuodd ganlyn y ferch sydd bellach yn wraig iddo, dechreuodd hithau ofyn iddo fynd i'r eglwys. Roedd hynny'n ddryswch go iawn iddo. Nid oedd yn credu yn Nuw, a meddyliai, os oedd Duw'n bodoli, 'Pam fyddai am gael unrhyw beth i'w wneud â sinach fel fi?' Yr unig gyswllt roedd Daz wedi'i gael ag eglwys o'r blaen oedd pan oedd wedi dwyn yr offer disgo roeddent yn ei ddefnyddio ar gyfer y clwb ieuenctid.

Ond parhau wnaeth ei gariad i ofyn iddo ddod i'r eglwys,

4

Incredible!

Daz became fascinated with violence from a young age. When his uncle took him to see a Millwall versus Manchester City football match, Daz remembers seeing fans ripping up seats and throwing them into the stands of rival supporters. Even though Daz was just a kid, he was gripped by these images, and years later he became a violent football thug himself. He thought that if people feared him he would have respect – something he craved.

When he decided that he needed to start carrying a knife, he bought five Stanley knives for him and his friends to take to a Millwall match. During a fight between rival fans, he used his knife to slash someone's face. On the train back to London, Daz and his friends were hyped up and buzzing as they talked about the violence they'd committed. But after a while the mood changed and it went quiet. Daz suddenly felt a sense of emptiness.

A date with God

When he began dating the girl who is now his wife, she started asking him to go to church. That really baffled him. He didn't believe in God, and thought that if God did exist, 'Why would he want to know a scumbag like me?' The only dealings Daz had had with a church before was when he stole the DJ equipment that they used for the youth club.

But his girlfriend kept asking him to come to church, and

a llwyddodd i'w berswadio i fynychu cwrs Alffa lle gallai ddysgu'r pethau sylfaenol am Gristnogaeth a holi cwestiynau. Meddai Daz wrthi, 'Os gwna i'r cwrs Alffa a ffeindio nad oes 'na Dduw, dwi byth am dy glywed yn sôn am Dduw wrtha i eto, a fydda i byth byth yn dod i'r eglwys gyda thi eto.'

Yn ystod cyfnod y cwrs Alffa, roedd Daz yn parhau i fod mewn trwbwl. Un noson, trywanodd rhywun a chafodd ei gyhuddo o gyflawni niwed corfforol difrifol. Roedd i fod i ymddangos yn Llys y Goron Woolwich yn ddiweddarach.

Grym anhygoel

Erbyn diwedd y cwrs Alffa, nid oedd Daz eto'n credu yn Nuw ond gofynnwyd iddo a hoffai weddi i dderbyn yr Ysbryd Glân. Yn amharod iawn, aeth i'r blaen ar gyfer gweddi, ac nid oedd yn gwrandao o ddifrif ar y weddi drosto. Roedd ar fin agor ei lygaid a throi o gwmpas at ei gariad i ddweud, 'Dyna ni. Ddwedes i wrthyt ti mai lol oedd y cyfan. Does dim Duw...' pan, yn sydyn, teimlodd y grym anhygoel yma'n llifo drwy'i gorff. Roedd yn llethol. Dyna'n union beth oedd ei angen arno. Roedd wedi teimlo presenoldeb Duw mewn ffordd ddigamsyniol a grymus.

Am y bythefnos nesaf, teimlai Daz fel pe bod ei fywyd wedi'i drawsnewid. Rhoddodd y gorau i gario cyllell a theimlai ei fod yn gorlifo o gariad. Ni theimlai bellach fod rhywbeth ar goll yn ei fywyd, a theimlai fod Duw wedi llenwi'r gwacter yn ei galon.

persuaded him to attend an Alpha course where he could learn the basics about Christianity and ask questions. Daz had told her, 'If I do the Alpha course, and I find out that there's no God, I don't ever want you to mention God to me again, and I will never ever come to church with you again.'

While the Alpha course was running, Daz continued to get into trouble. One night he stabbed someone and was charged with GBH. He was due to appear at Woolwich Crown Court at a later date.

Incredible force

By the end of the Alpha course, he still didn't believe in God but was asked if he wanted prayer to receive the Holy Spirit. Very reluctantly he went forward for prayer, and wasn't really listening to what was prayed for him. He was just about to open his eyes and turn around to his girlfriend to say, 'That's it. I told you it was a load of rubbish. God is not real...' when, all of a sudden, he felt this incredible force surging through his body. It was overpowering. It was exactly what he had needed. He had felt the presence of God in an unmistakable and powerful way.

For the next two weeks Daz felt like his life was transformed. He stopped carrying a knife and he felt an overwhelming sense of love. He no longer felt that something was missing in his life, and he felt like God had filled the emptiness in his heart.

Ei gael yn euog

Ond daeth ei orffennol ar ei warthau. Yn 2007, ymddangosodd Daz yn llys yr Old Bailey ac fe'i cafwyd yn euog o ddyndladdiad ar sail cyfrifoldeb lleihauedig. Cafodd ei garcharu am bedair blynedd. Roedd yn 19 oed.

Yn y carchar, roedd yn rhyfeddu at y gefnogaeth a gafodd gan bobl yn eglwys ei gariad - oedd bellach yn ddyweddi iddo. Roedd ganddo lawer o amser i astudio'r Beibl ac i feddwl am Dduw.

Cafodd ei ryddhau yn 2011, ac yn ystod haf 2012 fe briododd ei ddyweddi. Ganwyd eu mab ym mis Ionawr 2014.

Petaech yn cyfarfod Daz heddiw, byddech yn ei chael yn anodd credu iddo fod unwaith yn lladdwr treisgar. Mae'n dal a lluniaidd gyda gwallt tywyll byr. Mae'n siarad yn raenus gydag agen Cocni gref. Ac un o'r pethau cyntaf y byddwch yn sylwi amdano yw bod iddo ysbryd tawel a thyner. Ys dywed Daz, 'Os gall Duw fy newid i gall newid unrhyw un. Mae wedi fy helpu i ailadeiladu fy mywyd ac mae gen i gariad yn fy nghalon sydd y tu hwnt i eiriau.'

Cyfrannwyd stori Daz gan Paul Warwick. Defnyddir gyda chaniatâd.

Gweler www.paul-warwick.co.uk



MARC 11:1-2,7-10

'Anfonodd Iesu ddau o'i ddisgyblion, ac meddai wrthynt, "Ewch i'r pentref sydd gyferbyn â chwi, ac yn syth wrth ichwi fynd i mewn iddo, cewch ebol wedi ei rwymo, un nad oes neb wedi bod ar ei gefn erioed. Gollyngwch ef a dewch ag ef yma."

Daethant â'r ebol at Iesu a bwrw eu mentyll arno, ac eisteddodd yntau ar ei gefn. Taenodd llawer eu mentyll ar y ffordd, ac eraill ganghennau deiliog yr oeddent wedi eu torri o'r meysydd.

Found guilty

But his past caught up with him. In 2007, Daz appeared at the Old Bailey and was found guilty of manslaughter on the grounds of diminished responsibility. He was subsequently locked up for four years. He was 19 years old.

In prison, he was blown away by the amount of support he received from people at his now-fiancée's church. He had a lot of time to study the Bible and think about God.

He was released in 2011, and in the summer of 2012 he married his fiancée. Their son was born in January 2014.

If you met Daz today, you would find it hard to believe that he was once a violent killer. He is tall and slim with cropped dark hair. He speaks articulately with a strong Cockney accent. And one of the first things you notice about him is that he has a calm and gentle spirit. Daz says, 'If God can change me he can change anyone. He has helped me rebuild my life, and I have a love in my heart that is indescribable.'

Daz's story is contributed by Paul Warwick. Used with permission.

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MARK 11:1-2,7-10

'Jesus sent out two of his disciples. He said to them, "Go to the village ahead of you. Just as you enter it, you will find a donkey's colt tied there. No one has ever ridden it. Untie it and bring it here..."'

They brought the colt to Jesus. They threw their coats over it. Then he sat on it. Many people spread their coats on the road. Others spread branches they had cut in the fields.

*Ac yr oedd y rhai ar y blaen a'r rhai o'r tu ôl yn gwaeddi:
"Hosanna!"*

Bendigedig yw'r un sy'n dod yn enw'r Arglwydd.

Bendigedig yw'r deyrnas sy'n dod, teyrnas ein tad Dafydd.

Hosanna yn y goruchaf!"



RHYWBETH I FEDDWL AMDANO

Cyrhaeddodd Iesu Jerwsalem wrth i bobl gyrraedd yno o bobman yn y byd Rhufeinig ar gyfer dathliadau'r Pasg. Roedd y Pasg yn ei hatgoffa o'r modd y cawsant eu rhyddhau o gaethiwed yn yr Aifft. Bellach roeddent yn byw o dan iau Rhufain ac yn disgwyl am frenin i'w rhyddhau. Nid Iesu, yn marchogaeth ar ebol asyn, oeddent yn ei ddisgwyl ond croesawsant ef fel brenin buddugoliaethus. Yn hanes Daz, ni ddaeth Duw ato yntau yn y ffordd a ddisgwyliai ychwaith. Beth sy'n eich synnu am Iesu pan rydych yn darllen amdano?



Gweddi

Dduw'r annisgwyl, rwyf am ddod i'th adnabod. Amen.



'Digon i ti fy ngras i; mewn gwendid y daw fy nerth i'w anterth.'

2 CORINTHIAID 12:9

Those in front and those in back shouted,

"Hosanna!"

"Blessed is the one who comes in the name of the Lord!"

"Blessed is the coming kingdom of our father David!"

"Hosanna in the highest heaven!"



SOMETHING TO THINK ABOUT

Jesus arrived in Jerusalem as people were arriving from all over the known world for the Passover celebrations. Passover reminded them how they had been set free from slavery in Egypt. Now they were living under Roman occupation and wanted a king to set them free. Jesus, riding on a donkey's colt, wasn't what they were expecting, but they welcomed him like a conquering king. In Daz's story, God wasn't what he expected either. What surprises you about Jesus when you read about him?



Prayer

God of surprises, I want to know you. Amen.



'My grace is all you need. My power is strongest when you are weak.'

2 CORINTHIANS 12:9